

Second Wind Dreams Application

Helpful questions to identify a dream/wish

- Close your eyes and think about an enjoyable time in your life. Can you describe that time?
- Does an activity, smell or image take you back to a certain point in time that you enjoyed (e.g., baking, gardening, riding a horse)?
- What are you good at (e.g., knitting, golfing, cooking, photography, reading)?
- What do you sometimes wish you could do again?
- What do you wish you could have done?
- If you could have one thing, what would you like to have?

Different kinds of dreams/wishes

- Relationship—help your loved one reunite with friends and family
- Lifelong—things your loved one has always wanted to do (e.g., play an instrument, swim)
- Relive experiences—reliving a moment or experience (e.g., going to a restaurant, painting)
- Fun—having an enjoyable experience (e.g., riding on a train, attending a concert)

Tips for uncovering a dream/wish

- Use open ended questions
- Discuss old times and friends
- Be kind and listen
- Don't promise anything specific

Application

Name of your loved one:

Their community/unit:

Their phone number:

Their date and location of birth:

Names of their family members:

Their occupation:

Special memories (feel free to use an additional sheet):

The wish (feel free to use an additional sheet):

Your name (dream weaver):

Your phone number:

Your e-mail:

I understand and accept that my information and photograph may be used for promotion purposes.

Name

Date