

Upcoming Events

Pub Nights

Residents, families and friends are invited to participate in weekly pub nights at 7:00pm in the Rendez-vous Cafeteria. Monday Pub Nights are held for units 4ab, 5cy, 6cy, and 7cy. Thursday Pub Nights are held for units 4y, 5ab, 7ab, and units 8 - 12Y. Pub will be cancelled on Monday December 26th and Thursday, December 29th.

Special event Tuesdays

Join us for special entertainment each Tuesday at 7:00pm in the auditorium. Everyone is welcome. Cancelled December 27th.

Saturday Bingo

Join us at 10:30 am on unit 8Y for Saturday Bingo. Cards are \$0.25 each and everyone is welcome. Bingo is cancelled December 24th and 31st.

Diner's Club and Social Dance

This event will be postponed for the month of December and will resume in January.

Gingerbread House Contest

See the display in the lobby of the resident made gingerbread houses, the first week of December. Cast your vote and help to pick the winner!

Unit Christmas Parties

Each unit will be celebrating Christmas during the month of December. Please check with your unit to confirm your party time and date!

Special events and entertainers

The Hawaiian Treasures will be coming to perform on December 12th, at 10:30am in the auditorium. There will be a Christmas Bingo on December 28th, 10:30am in the auditorium. A special morning of entertainment will also be hosted in the auditorium on December 30th, at 10:30am. Everyone Welcome!

Please watch for additional events posted on your unit and at the main elevators.

Family and Community Advisory Council News

by Diane Berge, Chairperson, FCAC

The Family and Community Advisory Council (FCAC) would like to help make your Christmas special by inviting you to be a part of this dynamic group and help shape the community of the Edmonton General. Join us for our December meeting (Dec 12) and support group (Dec 21) and share with others your ideas triumphs and concerns in this season. Watch for information on "Second Wind Dreams" in the new year and take part in the upcoming raffle of a Robert Bateman print to support our many events. Love and Peace at this special time from all of us on the FCAC and Resident Council.

For more information on your FCAC, contact:
Diane Berge Chairperson, Family and Community
Advisory council
Tel: 489-9905
email: dberge@shaw.ca

Volunteer Services Corner

A special and heartfelt thank you to our community groups, visitors and friends for your support of our residents and families this holiday season and throughout the year.

Residents and Families--watch for a whole host of special holiday events taking place in the auditorium and on your units.

Stocking Stuffers!

Cineplex/Famous Players Movie Passes



Discounted movie passes are available at Volunteer Services at the following rates: Platinum Plus (no restrictions) \$8.00; Platinum (new release after first ten days) for \$7.00; Kids Platinum Plus (no restrictions 13 & under) for \$5.50

For more information, contact Diane Goebel at 482-8419 or visit Volunteer Services at 3R12

DECEMBER 2005

general focus

Wishes for the Season

By Al Pierog, Vice President of Continuing Care

The decorations are up, parties are scheduled, gifts are bought and wrapped, and a positive spirit of goodwill and generosity is in the air--that great Edmonton General spirit that makes the Christmas season come alive.

The richness of support and compassion of volunteers and staff is even more evident during the Christmas season. We can feel the anticipation as Christmas events unfold. There is warmth in greetings, and a sense of openness to visitors...a spirit of peace and harmony that reflects the true spirit of Christmas.



As I reflect on this past year, the positive work of the Residents Council and Family Council stands out. The Councils addressed day to day matters and influenced policy and service delivery. Meetings were arranged to inform the City Councilor and MLA of the need to repair city sidewalks, improve transportation and enhance funding for Continuing Care. An effective response to the MLA task force was prepared, to improve services, increase staff ratios, and develop effective continuing care standards. New family members were introduced to the Edmonton General through an open house and family forum, and a staff appreciation event helped to recognize the good work, compassion, and care of staff.

In response to your questions around aging, medical conditions and care strategies, several information and education seminars were provided, and a family support group that listens, cares and offers information was developed.

In the true spirit of Christmas--I wish to thank you for working together with us, and for your patience and cooperation as we strive to make this a positive experience for our residents and families. It is this working together that ensures our services and supports continue to be responsive, caring and of high quality.

From all of us at the Edmonton General--may the true spirit of this Christmas Season, its joy, its beauty, its hope and above all, its abiding faith be with you. May the blessings of peace, goodness, forgiveness and patience be ours. May each of you have a blessed and holy Christmas and may health and happiness follow you throughout the New Year.

May you have
the gladness of
Christmas, which
is hope,
The spirit of
Christmas which
is peace,
The heart of
Christmas which
is love.

-- Ada Hendricks